

Backpacking Packing List

What do I need to bring for departure?

Backpack: Fully packed for overnight EXCEPT the items below:

- Sack Lunch the travel day.
- Medications: medication form, prescription meds & ALL over-the-counter meds
 - Ziplock bag with name, describe dosing and times
- Wear Class B
- Water in Nalgene bottle or canteen

What should I pack in my pack?

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| <ul style="list-style-type: none">○ SCOUT 10 Essentials (listed in your scout book)○ FLASHLIGHT, HEADLAMP AND EXTRA BATTERIES○ Spending money for travel lunch○ PERSONAL 1-2 person tent & footprint○ Sleeping Bag (Season appropriate)○ Small camp pillow (optional)○ Jacket or Sweatshirt or Hoodie○ Poncho or light raincoat○ T-shirts (2 max)○ Pants (only 1), Underwear (enough)○ Socks (2max)○ Sleep clothes/ pajamas○ Sturdy Shoes (NO open toes/sandals)○ Comfy camp shoes (optional)○ Small Mess kit and Spork (if needed for meals) | <ul style="list-style-type: none">○ Deck of cards or small board games○ Book for reading during down time○ Small day pack for carrying water, extra flashlight headlamp and batteries○ Hat & Sunglasses○ Sunblock and bug spray○ Personal First Aid Kit○ Personal Hygiene Items: Soap, Toothbrush, hairbrush, small towel○ Pen/pencils/ Notebook or writing pad○ Scout book (keep in a zip lock bag)○ Trash bag (for storing dirty clothes)○ Small camp trowel & toilet paper○ Small butane camp stove & fuel |
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Scout Master Contacts:

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